

ii7 - V7 Workouts

1. QUARTER NOTE WORKOUT: Playing the Emi7 chord descending 7-5-3-1 to playing the A7 chord scalewise down from the 3rd (3-2-1-7) creates a solid melodic framework for a two measure ii7 - V7 progression.

2

2. MAJOR SCALES AND CHORDS : The D Major Scale is the baseline competency for improvising over progressions in D major.

3. EIGHTH NOTE WORKOUT: Playing the Emi7 chord descending 7-5-3-1 to playing the A7 chord scalewise down from the 3rd (3-2-1-7) creates a solid melodic framework for landing on the 3rd degree a two measure ii7 - V7 progression.

5

6

4. MAJOR SCALES AND CHORDS : The D Major Scale is the baseline competency for improvising over progressions in D major.

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5. PRACTICE IN ALL 12 KEYS: Note that measures 9 through 32 is the workout in all 12 keys. Measures 33 through 38 contain part of a transcription of Freddie Hubbard's solo on "Dolphin Dance" to explore his choices over the given chords in the progression. Enjoy!

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NOTES:

Ami7 D7 GMaj7

11

12

E mi7 A7 DMaj7

13

14

Bmi7 E7 AMaj7

15

16

F#mi7 B7 EMaj7

17

18

NOTES:

C#mi7 F#7 B#Maj7

19 20

G#mi7 C#7 F#Maj7

21 22

D#mi7 G#7 C#Maj7

23 24

Bbmi7 Eb7 AbMaj7

25 26

NOTES:

Fmi7 B^b7 E^bMaj7

27

28

Cmi7 F7 B^bMaj7

29

30

Gmi7 C7 F7 A^mi7

31

32

33

D7 G^Maj7

34

35

NOTES:

G 7sus

Dmi9(Maj7)/G Cmi9(Maj7)/G

36 37

F 9sus

38